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# SPRING 2018 U12&U14 REC LEAGUE/ EAGLES RULES

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## **U12 Eagles Rules for 2017/2018**

1. Games to be played on a similar sized field as the U10 Fields
2. The game will consist of 5 field players & a goalie
3. Roster size will have a minimum of 8 players & a maximum of 12 players
4. Games will consist of two 25 minute halves
5. Absolutely NO slide tackles will be allowed
6. Offside rules apply
7. Dead ball subbing only
8. The build-out line rules will not be enforced.
9. No goals are allowed to be scored from a team's defensive half of the field
10. Goal kicks may NOT pass the mid-field line in the air, without contacting the ground. The resulting penalty is an Indirect Free Kick from the midfield line closest to the spot of the foul
11. Absolutely NO punts or drop kicks. The resulting penalty is an indirect Free Kick from the midfield line
12. Goalies are allowed to dribble the ball out of their defensive end
13. All players will play a minimum of 50% of the game length
14. Minimum Goal Size is 6.5' x 18'
15. U12 will use a size 4 ball
16. All games are planned for Saturdays

## **U14 Eagles Rules for 2017/2018**

1. Games to be played on a similar sized field as the U10 Fields
2. The game will consist of 4 field players & a goalie
3. Roster size will have a minimum of 6 players & a maximum of 12 players
4. Games will consist of two 30 minute halves
5. Absolutely NO slide tackles will be allowed
6. Offside Rules apply
7. Dead ball subbing only
8. The build-out line rules will not be enforced
9. No goals are allowed to be scored from a team's defensive half of the field

10. Goal kicks may NOT pass the mid-field line in the air, without contacting the ground. The resulting penalty is an Indirect Free Kick from the midfield line closest to the spot of the foul
11. Absolutely NO punts or drop kicks. The resulting penalty is an indirect Free Kick from the midfield line
12. Goalies are allowed to dribble the ball out of their defensive end
13. All players will play a minimum of 50% of the game length.
14. Minimum Goal Size is 6.5' x 18'
15. U14 will use a size 5 ball
16. All games are planned for Saturdays

*Notes:*

- *It is recommended that each club send a copy of the rules with the referee assignments each week.*
- *The coaches and referees should have a pregame huddle to review these rules to minimize confusion.*
- *Referees should be suggested to call the game similar to a Futsal game with minimal contact especially due to the coed nature.*
- *Clubs are asked to evenly balance their travel players in an effort to encourage having competitive games.*