



technical training programs program overview

This coming season your soccer organization is offering you coaching support from UK International Soccer Camps. What can you expect?



UK coaches will assist you in planning, designing and executing a coaching session that follows a main focus. They will show you how to progress a coaching session to challenge all of the players and will break down each of the techniques for you as a coach to understand.

The program will enable you to bring a higher level of technical and tactical coaching to your players on your team!

UK coaches will:

– Conduct practice sessions within a developmentally appropriate, age specific and progressive framework at your field.

– Discuss ideas, demonstrate suitable progressions and coaching points alongside you as a volunteer coach.

– Provide advice on session planning and how to develop your practice from a warm up, through skills into a small sided conditioned game

– Offer guidance on future practice topics based on the observations during the practice or game.

– Help you with troubleshooting for your team.

– Allow you to co-coach if appropriate, looking for agreed learning outcomes.

– Send follow up emails recapping the session, coaching methodology and referencing the availability of your online curriculum or will provide a session plan of the session conducted.

– Most importantly, demonstrate how to make practice fun whilst at the same time having the players actively participate and learn!





on-line coaching curriculum access 1000+ age appropriate activities now

You're 30 seconds and just a few clicks away from thousands of soccer activities that will assist in making you a better coach.



FIRST: Visit www.uksocca.com and follow the links for "online curriculum".

SECOND: Choose from one of three great curriculums we can offer:

"Find an activity"

Use the search engine to find an activity that fits your topic of the day.

"Find an entire session"

Download an entire session plan that includes 4 different progressive activities.

"Advanced curriculum"

Find more challenging technical and tactical coaching activities that are designed for the more serious, older soccer players.

THIRD: Enter your organizations customized username and password (username and password are case sensitive).

Username: *Plum Soccer*

Password: *uksoccer*



FINALLY: Print out your session plan or activities and take to the field with you.

